

# Black Sacrament Tattoo

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## Single Adhesive Bandage Aftercare Procedure

**1. Remove bandage after 2-3 days. Warm water and soap is recommended for removal. DO NOT rip your bandage off quickly, or you may damage the skin!** You may take showers with your bandage on, but try not to soak it in hot water or scrub anywhere near it.

**2. After removing the bandage, wash the tattoo immediately with warm water and antibacterial soap.** We recommend plain Dial soap out of a pump bottle. No bar soap or soap with fragrance, moisture beads, or scrubs.

### PROCESS FOR WASHING A FRESH TATTOO:

**3. Only use CLEAN HANDS to wash your tattoo.** NO washcloths, bath towels, bath sponges or loofahs on a fresh tattoo

- Make a lather in your hand with soap and warm water
- Gently clean tattoo using a circular motion, until all ointment, blood, and excess ink
- Rinse the tattoo with cool water until the skin is clean
- Use a clean paper towel to dab the tattoo and allow to air dry

**4. Once the tattoo is completely dry apply LOTION only.** Apply a thin layer with clean hands and rub it in gently. We do not recommend Aquaphor or any other ointments for this healing method. You may use any FRAGRANCE FREE lotion such as Lubriderm, Jergens, or any other plain and gentle brand.

**5. Fresh tattoos sometimes “weep” during the first couple of days, meaning that plasma and ink form a thin moist coating on the skin.** This may be trapped under your bandage and is completely normal. As long as your bandage maintains the seal and does not leak, leave it alone.

**6. For the first week, clean your tattoo using the above procedures 2-3 times a day.** Lotion may be applied to the tattoo as it dries out, do not over apply ointment or lotion as it will cause the tattoo to scab and/or fade.

**7. Usually around the end of the first week, the tattoo will begin to form flaky scabs that will fall off on their own.** DO NOT PICK OR SCRATCH AT YOUR TATTOO. Keep it moisturized and the scabs will slough eventually. It normally takes 2-4 weeks for a tattoo to completely heal.

### TIPS FOR SUCCESSFUL HEALING:

- Avoid sun exposure as much as possible while your tattoo is healing.
- **Do not swim or soak your tattoo for at least 2 weeks.**
- Aftercare bandages may cause acne-like breakouts, or red and itchy irritation. If this occurs, remove your bandage and consult your artist.
- Wear loose, preferably cotton clothing over the fresh tattoo.
- A bra strap, tight waistband, sweaty gym shoe or itchy cotton sweater can potentially create healing problems.
- Please do not consult your friends about healing issues, as everyone’s experience is unique.

If you have ANY questions about your healing, please contact your artist or call the shop.  
If an adverse reaction or infection develops at the site of your tattoo, contact your personal physician for treatment and report to SNHD special programs at (702)759-0677.